**【指示書】　コラムの作成：寒い冬の楽しみ**

**「お勧めストレス解消法」**

〇〇課の皆様へ

今月の社内報では、〇〇課の皆様の「寒い冬の楽しみ」のコラムを掲載することとなりました。

400字以内で下記のマス(20字×20行　横書き)に記入をお願いします。

　広報課担当：□□

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